

# SUMMER WORKSHOPS

## KIDS, TEENS AND ADULT ARTS AND CRAFTS WORKSHOPS



### ECO CHRISTMAS CRAFTS

*Kids 5+*

Need an extra couple of hours without the kids to work or pop to the shops? Choose from morning or afternoon session or stay all day (BYO snacks and lunch). During this fun, creative and mindful craft class, we will make something new and Christmassy using mostly repurposed materials.

Mon 22<sup>nd</sup> Dec



### FAIRY LANTERNS

*NEW!*

*Kids 5+*

learn how to make these cute fairy lanterns.

Mon 5<sup>th</sup> Jan  
Mon 12<sup>th</sup> Jan



### DREAM CATCHERS

*Kids 6+*

During this workshop, we will make a dream catcher using mostly repurposed materials.

Mon 12<sup>th</sup> Jan  
Fri 23<sup>rd</sup> Jan



### BRAND A BOARD

*Kids 7+*

Decorate your own wooden boards.  
Skate Board 72cm or Mini Surf Board 36cm with stand.  
Note: boards are for decorative purposes only and not sport

Tues 23<sup>rd</sup> Dec  
Tues 6<sup>th</sup> Jan

Book online [www.artandhealing.com.au](http://www.artandhealing.com.au)



# SUMMER WORKSHOPS



## SOCIAL ART: CHAT & CREATE

*Adults*

An opportunity to share ideas, encourage each other by sharing tips or techniques, and connecting with others while exploring your creative side. 3 options: BYO project, 8x10"canvas or 12x16"canvas. Canvas options include use of acrylic paint, brushes, easel, apron.

Tues 30 Dec  
Sun 11th Jan  
Wed 14<sup>th</sup> Jan  
Tues 27<sup>th</sup> Jan



## SOCIAL ART: CANVAS PAINTING

*Kids 5+*

An opportunity to share ideas, encourage each other by sharing tips or techniques, and connecting with others while exploring your creative side. 3 options: BYO project, 8x10"canvas or 12x16"canvas. Canvas options include use of acrylic paint, brushes, easel, apron.

Mon 29<sup>th</sup> Dec  
Wed 31<sup>st</sup> Dec  
Fri 9<sup>th</sup> Jan  
Fri 16<sup>th</sup> Jan  
Mon 19<sup>th</sup> Jan



## SUN CATCHERS *NEW!*

*Ages 9 - 99*

Learn how to make your own suncatcher.

Mon 5<sup>th</sup> Jan  
Fri 23<sup>rd</sup> Jan



## CRYSTAL NECKLACE WORKSHOP

*Ages 9 - 99*

Learn how to make your own adjustable necklace that can hold a tumbled crystal. This necklace is designed to be able to change the crystal if desired.

Fri 2<sup>nd</sup> Jan  
Wed 21 Jan

Book online [www.artandhealing.com.au](http://www.artandhealing.com.au)



# PAINING WORKSHOPS

WITH JULIA FREAKE



## SURFER SUNRISE

*Ages 13 - 99*

Step-by-step painting workshop. You will be shown how to paint Surfer Sunrise on a 16"x20" canvas. Choose from a range of surfer silhouettes and 2 colour options. All materials and equipment supplied.

Wed 14<sup>th</sup> Jan  
2-5pm



## SUNSET BAR *NEW!*

*Adults*

Step-by-step painting workshop. You will be shown how to paint The Sunset Bar on a 16"x20" canvas. All materials and equipment supplied.  
Adults only. BYO snacks and drinks

Thurs 8<sup>th</sup> Jan  
6-9pm



## BOHO PAINTING *NEW!*

*Adults*

Step-by-step painting workshop. You will be shown how to paint 2 Boho style paintings on a 16"x12" canvas. All materials and equipment supplied.  
Adults only. BYO snacks and drinks

Sun 18<sup>th</sup> Jan  
2-5pm



## SPLITPOINT LIGHTHOUSE

*Adults*

Step-by-step painting workshop. You will be shown how to paint The Splitpoint Lighthouse on a 16"x20" canvas. All materials and equipment supplied.  
Adults only. BYO snacks and drinks

Sat 6<sup>th</sup> Dec  
2-5pm

Book online [www.artandhealing.com.au](http://www.artandhealing.com.au)



# TERM 1 2026

---

## CREATIVE KIDS: AFTER SCHOOL CARE ALTERNATIVES



Classes are evolved around a small group of kids looking to enhance their creative skills. Activities include painting, air dry clay, drawing and a range of crafts.

Casual and term bookings available.  
BYO afternoon snack and water bottle.

Students are collected from Aireys Inlet Primary

---

Mondays, and  
Wednesdays  
3-4pm

## CHAT AND CREATE: CANVAS PAINTING



An opportunity to share ideas, encourage each other by sharing tips or techniques, and connecting with others while exploring your creative side. 3 options: BYO project, 8x10"canvas or 12x16"canvas. Canvas options include use of acrylic paint, brushes, easel, apron.

Most  
Tuesdays  
Wednesdays  
and  
Fridays

## GUEST ARTISTS



Follow us on social media and check the website to find out who will be facilitating this term. Previous guests include Sharryn Jenkinson, Something by Shosi, Lino Prints with Astrid.

Coming Soon

---

Book online [www.artandhealing.com.au](http://www.artandhealing.com.au)

